

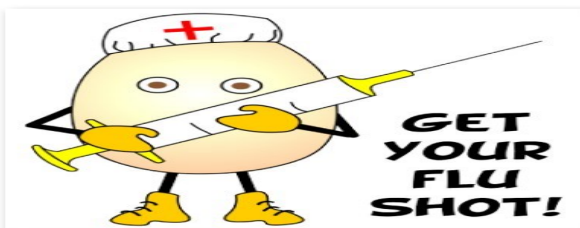
CENTER NEWS

Registration Rules

All individuals who participate in the program must be registered. This includes all guests and volunteers -60.

The participant must fill out the registration form, nutritional score sheet and emergency information.

The state now requires us to enter all individuals who were new for the month regardless of age.



Flu shots available Monday the 12th at 10:30 to 11:30am. Don't forget your Medicare card or alternative insurance plans

HAPPY BIRTHDAY
Wilma Beauchamp 9/10
Lydia Lujan 9/11
Dale Maddux 9/15
Jimmy Dunn 9/16
Carol Gamelo 9/4
Philip Hetric 9/21
Eva Vasquez 9/26
Beth Beedle 9/27
Paul Hetrick 9/21
Frank Toscano 9/20



September 2016 Activity

Mon	Tue	Wed	Thu	Fri
			1 Stretch and Flex Exercise 9:00 am Card games Wii Games 10 am Benefits Assistant 9am	2 Benefits Assistant 9am Bingo 9:30 am Crafts 9am
5 CLOSED LABOR DAY	6 Stretch and Flex Exercise 9 :20 am Card games Wii Games 10 am Benefits Assistant 9am	7 Bingo 9:30 am Card games Ceramics 9am Card Games Benefits Assistant 9am	8 Stretch and Flex Exercise 9:00 am Card games Wii Games 10 am Benefits Assistant 9am	9 Benefits Assistant 9am Bingo 9:30 am Crafts 9:00 am GEMINI HOSPICE Blood Pressures 10:30 a
12 FLU SHOTS 10:30am Benefits Assistant 9am Card games Coffee & Conversation 8-10am Legal Aid 10:30	13 Stretch and Flex Exercise 9:20 am Card games Wii Games 10 am Benefits Assistant 9am	14 Benefits Assistant 9am Ceramics 9am Alzheimer's Support Group 12:15-1:45PM Bingo 9:30 am Card games	15 Stretch and Flex Exercise 9 : 00am Card games Benefits Assistant 9am Birthday Party	16 Benefits Assistant 9am Crafts 9am Bingo 9:30 am
19 Benefits Assistant 9am Card games Coffee & Conversation 8-10am	20 Stretch and Flex Exercise 9:20 am Card games Wii Games 10 am Benefits Assistant 9am	21 Ceramics 9am Benefits Assistant 9am Bingo 9:30 am Card games Word Search Game	22 Stretch and Flex .Exercise 9:00 am Card games Wii Games 10 am Benefits Assistant 9am	23 Benefits Assistant Bingo 9:30 am Crafts 9:00 Blood Pressures 10:30am Gemini Hospice
26 Benefits Assistant 9am Card games Coffee & Conversation 8-10am	27 Stretch and Flex Exercise 9 :20 am Card games Wii Games 10 am Benefits Assistant 9am	28 Benefits Assistant 9am Ceramics 9am Bingo 9:30 am Card games Word Search Game	29 <u>Stretch and Flex</u> <u>Exercise 9:00 am</u> <u>Card Games</u> <u>Wii Games</u> <u>Benefits Assistant 9am</u>	30 Benefits Assistant 9am Bingo 9:30 am Crafts 9am Every First Friday \$4 Super Discount